Stepping Out



Objective: To read a computerized weekly summary report to determine if nutrient standards are met.

- 1. Using the Menu Summary Report, compare the menu averages for the week of 11-04-96 to 11-08-96 to the nutrient targets for Steps Secondary (g).
 - a. Are the following nutrient targets met?

| | YES | NO |
|--------------|-----|----|
| Calories | | |
| Sodium | | |
| Fiber | | |
| Total Fat | | |
| aturated Fat | | |

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| b. | What could be done to meet these nutrient targets? | | | | | |
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Stepping Out



| How would this information be useful in your school? ——————————————————————————————————— | | | | | | |
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